

Mail Registration to:

Chuck Smith
PO Box 69
Vandalia, OH 45377-0069

Make Class Fee Check to:

"Chuck Smith, StreetSmarts class"

Cancellation and Refunds

Full refund 48 hours before class, in the event of inclement weather (rain, ice) class will be rescheduled at next available Saturday.

Contacts for Information:

Dan Carrigan
dcarrigan@gmail.com
or
Chuck Smith
chuck.smith@juno.com

Students will gain confidence to ride safely, smartly and legally in traffic or on trails. Classes are taught utilizing the national cyclist education program of the League of American Bicyclists (LAB) with League Certified Instructors (LCIs).



Class Structure

Classroom discussion, reading, computer demonstrations and video presentations. LAB certificate will be presented upon successful completion (70%) of the class. League of American Bicyclists insures Instructors and Students.

Class Times and Location

Saturday, April 5 & 12, 2008
9:00 AM to 3:30 PM
Wright-Dunbar Interpretive Center
30 South Williams Street, Dayton, OH
(half-hour for lunch, recommend bringing packed lunch & drinks)

Prerequisites

Participants will bring their own bicycle and must wear a bicycle helmet. Ages: 16 and older, ages 13-15 may enroll if a parent or guardian also enrolls in same class.

About the Instructors

Chuck Smith and Dan Carrigan are League Certified Instructors with extensive cycling experience commuting, and touring. Both are actively involved in cycling advocacy locally, statewide and national levels.

More information or questions contact:
Dan Carrigan, dcarrigan@gmail.com
or Chuck Smith, chuck.smith@juno.com

pdf of brochure
<http://tinyurl.com/yo713j>

STREETSMARTS CYCLING

Road Education I

A class to develop the craft and skill of bicycling—the ability to use a bicycle with confidence and competence for pleasure, transportation, utility and/or sport under various streets, roads, trails, climate, terrain and traffic conditions.

APRIL 5 & 12
DAYTON, OH

WHY TAKE THIS CLASS?

A basic course that every cyclist benefits from by taking.

Novice and experienced cyclists will be more comfortable and at ease while cycling on multi-use trails, streets, roads and in traffic after this course.

There will be two separate sessions separated by sufficient time so that you can practice the techniques you have learned. Sessions are split between classroom, demonstrations and on-the-bike learning.

Class is team-taught and limited in size so that each person can get the individual attention that they need to learn techniques and improve their riding. Classroom topics are very hands-on and practical. At least three hours of the overall course will be spent on your bike learning techniques and riding.

Written and ride test required for certificate of StreetSmart (Road 1) Cycling course .

Participants learn together, help each other, and put their learning to use immediately on the road. Each group and individual has fun during the course.

Learn More, Ride More Safely

In Ohio, bicycles are treated as vehicles under the law. Cyclists have a right to be part of the traffic flow. StreetSmarts (Road 1) Cycling course is designed to teach the principles of vehicular cycling and provide practical training and tips for cyclists to share the road safely.

WHAT WILL I LEARN?

Street Smarts Cycling is based on the concept of Vehicular Cycling and Equal Sharing of the Road between motorists and cyclists. You will learn the best place to ride in every road situation. You will learn how to ride predictably and visibly, moving over and sharing the road with motorists when it is safe, and also learning defensive cycling.

The course topics include:

- * Bike Fit * Clothing Basics
- * Basic Nutrition * Basic fitness

- * Ride Planning * Route selection
- * Inspection * ABC Quickcheck

- * Starting and Stopping * Riding Straight
- * Scanning * Signaling
- * Shifting and Cadence * Turns
- * Hole Dodge * Instant Turn * Quick Stop

- * Maintenance * Tools * Essential Tools
- * Cleaning and Lube * Tire Repair
- * Tire Pressure * Roadside Repairs
- * Picking a Shop * Multi-Use Trails
- * Bike Lanes * Bike Routes * Bike Laws

- * Practice cycling safely in traffic
- * Practice cycling safely on multi-use trails
- * Practice cycling safely in group riding

WHERE DO I SIGN UP?

Mail and payment information on reverse side

Name: _____
Address: _____

City, State, Zip: _____
Phone: _____
Email: _____
Signature: _____

Pre-registration and payment is required for ordering materials, planning, LAB insurance and documentation. Class size is limited to 12.

Class Fee: \$55.00 per attendee